



March 2022 Skill Building Program Calendar

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 Employment Skills 4:30 - 5:30 pm Money Management 6 - 7 pm	2 Reading Group 6 - 7 pm TED Talk Group 7:30 - 8:30 pm	3	4 Game Night 6:30 - 8 pm	5 Movie @ MJR 12:30 - 3 pm
6	7	8 Eat Healthy Be Active 6 - 7 pm Make-and-Take Trail Mix 7:15 - 8:15 pm	9 Women's Group 6 - 7 pm Men's Group 7:30 - 8:30 pm	10	11 Bingo Night 6 - 8 pm	12 Chocolate Making Class 1 - 3 pm
13	14	15 Peer Support Group 5:30 - 6:30 pm Emotional Wellness 7 - 8 pm	16 Meditation 6 - 7 pm Physical Wellness 7:30 - 8:30 pm	17 <i>St. Patrick's Day Purim</i>	18 Make Your Own Pizza Night 6 - 8 pm	19 Arts + Crafts Day 1 - 3 pm
20	21 Conversation Skills 4:30 - 6 pm	22	23 Scavenger Hunt 5 - 6 pm Deal or No Deal 6:30 - 7:30 pm	24	25 Bowling Night 6 - 8 pm	26 Spring Picnic 1 - 3 pm
27 Monthly Check-In 6 - 7:30 pm	28	29	30 Home Organization 5:30 - 6:30 pm	31		

Notes:

Virtual Activities are in **black** and in person activities are in **red**.

Please remember to arrive at in person activities no more than 15 minutes early. See the calendar description for details.

If you need to cancel any activity, please call the cancellation line and leave a message: (248) 649-3739 x 100