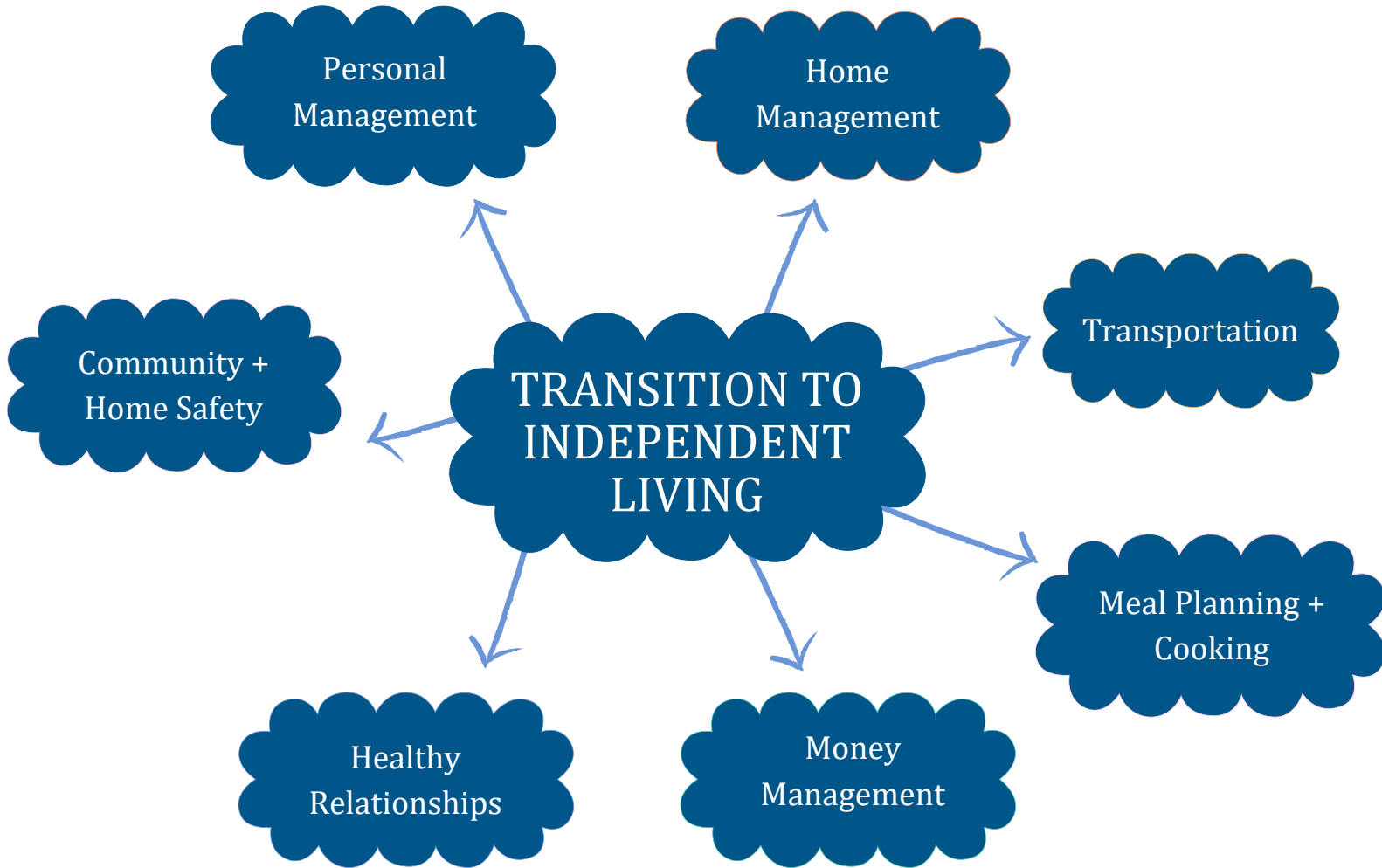




Introducing our NEW Transition to Independent Living Program!



**Our unique, expert-created and personally-tailored
9-month curriculum focuses on the critical skills
necessary for a smooth transition to independent living.**

Cost: \$1,300

**includes 52 hours of weekly 1:1 learning + practice sessions billed at \$25/hour;
some students may be eligible for a reduced meeting schedule and cost based on current skills**

Transition to Independent Living Curriculum

Personal Management

Skills gained: managing a calendar, creating a morning and evening routine, healthy coping strategies, personal safety

Home Management

Skills gained: household cleaning, laundry, household safety

Transportation

Skills gained: scheduling + taking public transportation, transportation safety

Meal Planning + Cooking

Skills gained: meal planning, creating a grocery list, cooking meals, cooking safety

Money Management

Skills gained: creating + managing a budget, increasing financial knowledge, money management safety

Healthy Relationships

Skills gained: selecting + getting along with a roommate, assertive communication, understanding boundaries

Wrap-up + Review

Review: safety, resource binder, moving resources

Want to learn more?

Contact jennifer@onmyownofmi.org or (248) 649-3739 x 223.